

Physical Education Whole School – Subject Overview - Core Tasks



Reception	Fundamental Movement Start Sporty Programme		Fundamental Movement Programme – Story based PE – Save the Princess – Coach Education Enterprise		EYFS GO Well Support Package – Move With Max			
Year 1								
	Autumn		Spring 1	Spring 2	Summer 1	Summer 2		
	Games – Bean bag throw		Games - Piggy in the Middle - Support by subject		Games – Rolla Ball			
	Games – Ten Point Hoops Dance – fundamental skills Fundamental movement – Coach Education Enterprise		leader		Athletics – Honey Pot, Colour Match			
			Dance – Themes and Dre	ams	Gymnastics – Making Shapes			
			Gymnastics – Assessing level 1 Unit 1		OAA – Where are we going?			
Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
i cai L	Dance – Country dancing to link with Hi	story	Games - Kick Rounders		Athletics - Furthest Five, Take Aim, And Pass			
	Games - Piggy in the Middle - support from Subject Leader		Gymnastics - Families of Actions - Go Well Coach		the Baton			
	Games - 3 Touch Ball		Games - Skittles		Games - Mini Tennis 1			
	Dance – Ashleigh Ross continuation of country dancing							
					OAA - Shipwrecked / Gone Fishing			
Year 3	·							
i cai 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
	Games – 3 Touch Ball Gymnastics – Balancing Act – Coach - Go Well Dance – Ashleigh Ross		Games – Skittles Games – Run the loop Dance – Round the clock – Go Well Dance coach Gymnastics – Balancing Act continued		Games – Golf – External coach			
					OAA – Search and rescue, Where Am I?			
					Athletics – Off, Up and Away			
Year 4			•					
rear 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
	Games - On the Attack - Go well coach		Gymnastics - Assessing level 2/3 Unit 4 task 1/2		Athletics Faster, Higher, Further			
	Dance - Romans inspired (Twinkle)		Ed. Ent. Coach Orienteering - Communication challenge and Safely across		Games - Arc Rounders Dance - What's so funny? Swimming			
			Games – Mini Tennis plus Tennis festival Ed Ent.					

Year 5									
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
	Games - Handball Core task fives and threes		Dance - Making the grade / Dance introduction /		Gymnastics - Unit 5 Tasks 1 & 2				
	Gymnastics – Partner Work		Dance Support – 5 sessions Go Well Coach		Games- Golf – External coach				
	Fencing / Team building – Rob Proud		Swimming		Athletics- 3 jump challenge				
					OAA – Crystal star challenge				
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Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2			
	Games - Wide attack		Gymnastics - Assessing Level 4/5 Unit 6 Tasks 1 and		Cricket				
	Games - Grid/tag rugby CVL team to be chosen too		2		Athletics - Distance Challenge				
	Gymnastics - Group Dynamics		Games - Zone Rounders		Netball – high five for world cup event				
	Swimming		OAA - Residential		Dance - Making the grade				